Chapter 2

Caring Guideline

Caring for a patient in the recovery room

Speaking & Reading & Writing

1. When a patient wakes up in the recovery room, a nurse usually asks them some questions. Complete the missing words in these questions.

1. Are you in any p__________ ?   5. Do you k_________ where you are?
2. Can you br__________ well?   6. Can you o___________ your eyes?
3. What's your n___________ ?   7. Do you f___________ nauseous?
4. Can you h___________ me?
2. Read this conversation between a nurse and a patient and complete the words in the blank.

N: Mrs Wendall? Can you_________me?

W: Yes.

N: I'm your___________room nurse. Your heart bypass__________went well.

W: Good. N' I'm going to take your vital_________ every 15 minutes and check your___________levels. This mask will help that. Can you___________well?

W: Yes. My chest______________.

N: On a scale from one to ten, one being no pain at all, ten being the___________pain, what number is your__________________right now?

W: I guess five.

N: OK. Do you______________nauseous?

W: No. But I feel cold.

N: Here's a blanket. How is that?

W: Better, thanks.

Listening & Speaking 3. Work in small group (Index page 13)

Topic: What to Expect - Recovery Room
Reading 4. When a patient is in recovery, a nurse has to clean wound care dressing and procedures. Read these notes and put the actions in the correct order.

__Position the patient comfortably and make sure the surrounding area is clean and tidy.

__Apply the gauze pieces first and then the cotton pads.

__Clean the wound from the center to periphery

__Open the sterile tray. Spread the sterile towel around the wound.

__Introduce yourself to the patient and explain what you are doing and why.

__Note the type and the amount of drainage present condition.

__Check the patient's care notes to update yourself on any changes in the patient's

__Pick up a dissecting forceps and remove the dressings and put it in the paper bag.

__Dry the wound with dry swabs using the same precautions.

__Wash your hands and put on an apron.
**Language**

**Past simple: irregular verbs**

<table>
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<tr>
<th>Irregular verbs do not form the past simple with -ed.</th>
<th>come-came / give -gave / tell-told</th>
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We use the past simple with ago to say when something happened. The doctor **left** ten minutes ago.

To form the negative of both regular and irregular verbs, we use **didn't** + infinitive. He **didn't** speak to the nurse. He **didn't** eat his dinner.

We form questions with did. The word order in questions changes: **did** + subject + infinitive. **Did** you write the report? When **did** she wake up?

5. **Write the past simple form of these verbs.**

1. come______________ 7. have______________
2. wake up____________ 8. give______________
3. bring______________ 9. peak______________
4. leave______________ 10. say______________
5. tell______________ 11. drink______________
6. go______________ 12. eat______________
6. Make these sentences negative.

1. He ate some of his dinner. ________________________________

2. He drank a little water. ________________________________

3. He had problems during the procedure. ______________________

4. We brought him to the recovery room. ______________________

7. Put the words in 1-7 in the correct order to make questions. Then answer the questions using the words in brackets. Write full answers.

1. when / Mr Wendall / surgery / did / come out / of / ? (five hours ago)

2. when / leave / the doctor / did / ? (a minute ago)

3. check / his vital signs / did / the nurse / ? (yes)

4. well / did / the surgery / go / ? (yes)

5. pain medication / give / did / him / the nurse / ? (yes)

6. speak / the nurse / to / did / the patient / ? (yes)

7. the patient / drink / what / did / ? (a little water)

Speaking 8. Work in pairs. Student A, you are a nurse. Student B, you are a member of a patient's family. Talk about his/her recovery. Use the sentences in 6 and 7 to help you.
In recovery room which we call post anesthesia care unit. We provide quality care and
compassionate care for the patient who arrives after surgery. What the patient should expect
when they come to recover room is a quiet comfortable atmosphere. Every patient comes out of
an anesthetic differently and so we want to keep that area in the most quiet way for patient who
to awaken from them surgery experience. And by doing that, we build trust by frequently
checking on the patient's to make sure that they are comfortable whether be by temperature,
make them are very warm and definitely pain management. We make sure that we strive to keep
them comfortable with pain. We also know that sometimes with the anesthetic agents they can
have issues with post nausea. So we also try to attempt to relieve any type of post discomfort
that they may have after surgery. We also know it's important for families to know what is going
on. In surgery, time is nothing but for family waiting in the waiting room can be awfully long
time. So we always encourage the patient's families if they have not heard from us to be diligent
of checking with the same day nurses the operative service nurses or us and how their family
members are doing. We strive usually when the patient comes to our area in within 30 minutes
after their time. We call out to the same day waiting area to let the families know how their
family member is doing and also to give an actual time when they would pass to see their family.
It is what in the same day outpatient surgery area or if the patient is admitted to the inpatient area. We strive very much to take care of not only the physical but also spiritual. Pastoral care is very important in our area you are in a vulnerable area. There is a lot of things that you're going through your mind that you are scared of. So feel free, if you want any spiritual care, we are more than glad we have pastoral care 24 hours here at our hospital. Again, we are here to give high quality compassionate care to the patients that come to surgery. Let's face it nobody wants to have surgery but if you do we want to make it as comfortable as possible for you.